

FEMALE HISTORY

Height: _____ Weight: _____

Have you been treated for infertility before: _____ No _____ Yes Name of Physician: _____

How long have you been having intercourse without any form of birth control? _____ months/years

INFERTILITY DIAGNOSIS (check all that apply)

- | | | |
|---|---|--|
| <input type="checkbox"/> Male Infertility | <input type="checkbox"/> TUBAL Sterilization Date: ____/____/____ | <input type="checkbox"/> Date Tubes Untied: ____/____/____ |
| <input type="checkbox"/> History of Endometriosis | <input type="checkbox"/> Tubal Ligation (not reversed) | <input type="checkbox"/> Uterine |
| <input type="checkbox"/> Ovulation Disorders (PCO) | <input type="checkbox"/> Hydrosalpinx (in place) | <input type="checkbox"/> Other |
| <input type="checkbox"/> Diminished Ovarian Reserve | <input type="checkbox"/> Other tubal disease (no hydrosalpinx) | <input type="checkbox"/> Unexplained |

MENSTRUAL HISTORY

Age at first period: _____ Number of days between start of period to start of next period: _____
 # days bleeding: _____ How many periods do you have a year: _____
 Date of 1st day of your last 2 menstrual periods: ____/____/20____ ; ____/____/20____

MENSTRUAL PATTERN (check all that apply)

- | | | |
|--|---|---|
| <input type="checkbox"/> Regular periods | <input type="checkbox"/> Bleeding between periods | <input type="checkbox"/> Fatigue |
| <input type="checkbox"/> Irregular periods | <input type="checkbox"/> Spotting between periods | <input type="checkbox"/> Personality/Mood Changes |
| <input type="checkbox"/> Heavy periods | <input type="checkbox"/> Breast tenderness | <input type="checkbox"/> Headaches |
| <input type="checkbox"/> Light periods | <input type="checkbox"/> Bloating | |
| <input type="checkbox"/> No periods Do you need medication to bring on a period? ___ Yes ___ No What medication: _____ | | |

Do you have cramping or pelvic pain with your periods? ___ Never ___ Sometimes ___ Always ___ Recently ___ In the past

Are cramps present ___ Before ___ During ___ After your period. Cramps are: ___ Mild ___ Moderate ___ Severe

What pain medication do you take for cramps: _____

When was your last pap smear: ____/____/____ ___ Normal ___ Abnormal Physician: _____

When was the abnormal pap smear: ____/____/____ ___ Not applicable

Have you undergone any procedures as a result of an abnormal pap smear? ___ No ___ Yes (check all that apply)

- | | | |
|--|---|---|
| <input type="checkbox"/> Coloscopy | <input type="checkbox"/> Cryosurgery (Freezing) | <input type="checkbox"/> LEEP Procedure |
| <input type="checkbox"/> Laser Treatment | <input type="checkbox"/> Conization | |

Have you ever had a mammogram? ___ Yes ___ No Date of last exam: ____/____/____
 ___ Normal ___ Abnormal

PREGNANCY HISTORY

Total # of ALL Pregnancies	# Full Term Births (>37 weeks)	# Pre-Term Births (<37 weeks)	# Stillborn	# Miscarriages (>20 weeks)	# Elective Termination (abortion)	# Ectopic or Tubal Pregnancies	Date of Last Pregnancy	# Pregnancies w/ current partner

CONTRACEPTION HISTORY

- | | | |
|---|-------------------------------------|----------------------|
| <input type="checkbox"/> None | Dates of use: _____ | Complications? _____ |
| <input type="checkbox"/> Condoms | Dates of use: _____ | Complications? _____ |
| <input type="checkbox"/> Diaphragm | Dates of use: _____ | Complications? _____ |
| <input type="checkbox"/> IUD | Dates of use: _____ | Complications? _____ |
| <input type="checkbox"/> Injectable | Dates of use: _____ | Complications? _____ |
| <input type="checkbox"/> Skin Patch | Dates of use: _____ | Complications? _____ |
| <input type="checkbox"/> Foam or Jelly | Dates of use: _____ | Complications? _____ |
| <input type="checkbox"/> Oral Contraceptive | Dates of use: _____
Brand: _____ | Complications? _____ |

MEDICAL HISTORY

Do you have any medical problem(s)? No Yes (list dates and treatments)

Type: _____ Date: ____/____/____ Treatment: _____
Type: _____ Date: ____/____/____ Treatment: _____

Do you have or have you ever had: (check all that apply):

- | | | |
|---|--|--|
| <input type="checkbox"/> Blood Transfusions (date ____/____/____) | <input type="checkbox"/> Pelvic Infection | <input type="checkbox"/> Ovarian cysts |
| <input type="checkbox"/> Hepatitis (date ____/____/____) | <input type="checkbox"/> HIV/AIDS | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Herpes (date ____/____/____) | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Kidney Infection |
| <input type="checkbox"/> Heart Disease _____ | <input type="checkbox"/> Thyroid Problems | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Chickenpox (date ____/____/____) | <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Liver Problems |
| <input type="checkbox"/> Chlamydia (date ____/____/____) | <input type="checkbox"/> Loss of Balance | <input type="checkbox"/> Genital Warts/HPV |
| <input type="checkbox"/> Syphilis (date ____/____/____) | <input type="checkbox"/> Neurological Problems | <input type="checkbox"/> TB |
| <input type="checkbox"/> Measles/Rubella (date ____/____/____) | <input type="checkbox"/> Vaginitis (Trichomoniasis/yeast infections) | |
| <input type="checkbox"/> Gonorrhea (date ____/____/____) | <input type="checkbox"/> Other: _____ | |

Have you ever been treated for Cancer? No Yes - explain therapy _____

Are you allergic to any MEDICATIONS? No Yes - list all and describe reaction:

Medication: _____ Reaction: _____
Medication: _____ Reaction: _____

Are you allergic to any FOODS? No Yes - list all and describe reaction:

Food: _____ Reaction: _____
Food: _____ Reaction: _____

Within the last year, have you taken any PRESCRIPTION MEDICATIONS? No Yes - list all:

Prescription: _____ For: _____
Prescription: _____ For: _____

Are you taking any OVER-THE-COUNTER MEDICATION? No Yes - list all:

Medication: _____ For: _____
Medication: _____ For: _____

Do you take any HERBAL MEDICINES/VITAMINS or health food supplements? No Yes - list all:

Medication: _____ For: _____
Medication: _____ For: _____

SOCIAL HISTORY

How many caffeinated beverages (coffee, tea, soda) do you drink a day? _____ None
Do you smoke cigarettes? No Yes How many/day: _____ How many years: _____
Age started: _____ Quitting? _____

Do you drink alcohol? No Yes #Beer/week _____ #Wine per week _____ #Liquor/week _____

Do you use marijuana, cocaine or other simular drugs? No Yes - describe _____

Do you exercise? No Yes Type: _____ Freq hrs/week: _____

Fertility Testing and Treatment

What TESTING have you done for infertility? (Check all that apply)

<input type="checkbox"/> Thyroid Test	Date: _____	Result: _____
<input type="checkbox"/> Ovulation test kit	Date: _____	Result: _____
<input type="checkbox"/> Hormone blood test	Date: _____	Result: _____ FSH _____ Prolactin _____ LH _____ E21 _____ TSH _____ Free T-4 _____
<input type="checkbox"/> Endometrial Biopsy	Date: _____	Physician: _____
<input type="checkbox"/> Hysterosalpingogram (HSG)	Date: _____	Physician: _____
<input type="checkbox"/> Laparoscopy	Date: _____	Physician: _____
<input type="checkbox"/> Hysteroscopy	Date: _____	Physician: _____

What DRUGS have you taken for infertility? (Check all that apply)

<input type="checkbox"/> Clomiphene Citrate (Serophene, Clomid)	<input type="checkbox"/> GnRH or LHRH (Factrel)
<input type="checkbox"/> hCG (Profasi, A.P.L.)	<input type="checkbox"/> Bromocriptine (Parlodel)
<input type="checkbox"/> Danazol (Danocrine)	<input type="checkbox"/> Urofollitropin
<input type="checkbox"/> hMG (Pergonal)	<input type="checkbox"/> Estrogens
<input type="checkbox"/> Progesterone	<input type="checkbox"/> Prednisone (or cortisone-like drugs)
<input type="checkbox"/> Antibiotics	<input type="checkbox"/> Other – Specify: _____

What TREATMENTS have you had for infertility? (Check all that apply)

<input type="checkbox"/> Artificial Insemination (IUI)	# cycles _____	date last cycle _____	Physician: _____
<input type="checkbox"/> Clomid with timed intercourse	# cycles _____	date last cycle _____	Physician: _____
<input type="checkbox"/> Clomid with insemination	# cycles _____	date last cycle _____	Physician: _____
<input type="checkbox"/> Fertility drug with insemination	# cycles _____	date last cycle _____	Physician: _____
<input type="checkbox"/> In Vitro Fertilization	# cycles _____	date last cycle _____	Physician: _____
<input type="checkbox"/> Frozen Embryo Transfer	# cycles _____	date last cycle _____	Physician: _____

Have you ever had SURGERY (D&C, ovarian, appendectomy, thyroid)? No Yes – Please specify _____

Procedure: _____	Date: _____	Physician: _____
Procedure: _____	Date: _____	Physician: _____
Procedure: _____	Date: _____	Physician: _____

FAMILY HISTORY

Do you or your partner have any history of inheritable, congenital or genetic diseases, mental retardation or concerns about fetal abnormalities? _____

List any members of your immediate family who have a history of infertility or breast cancer:
Relationship: _____ Condition: _____ Treatment: _____

EMOTIONAL STATUS

On a scale of 1-10 (10 being the worst), estimate the level of stress you feel due to infertility pressures: _____

Do you see a counselor? No Yes – for how long? _____ Treatment: _____

Would you like information and/or a referral to a specialist who can help you with emotions related to infertility? No Yes

PHYSICIAN NOTES: _____

