

**FEMALE HISTORY**

Height: \_\_\_\_\_

Weight: \_\_\_\_\_

Have you been treated for infertility before: \_\_\_\_\_ No \_\_\_\_\_ Yes Name of Physician: \_\_\_\_\_

How long have you been having intercourse without any form of birth control? \_\_\_\_\_ months/years

**INFERTILITY DIAGNOSIS (check all that apply)**

- \_\_\_\_ Male Infertility
- \_\_\_\_ History of Endometriosis
- \_\_\_\_ Ovulation Disorders (PCO)
- \_\_\_\_ Diminished Ovarian Reserve
- \_\_\_\_ Tubal Sterilization Date: \_\_\_\_/\_\_\_\_
- \_\_\_\_ Tubal Ligation (not reversed)
- \_\_\_\_ Hydrosalpinx (in place)
- \_\_\_\_ Other tubal disease (no hydrosalpinx)
- \_\_\_\_ Date Tubes Untied: \_\_\_\_/\_\_\_\_
- \_\_\_\_ Uterine
- \_\_\_\_ Other
- \_\_\_\_ Unexplained

**MENSTRUAL HISTORY**

Age at first period: \_\_\_\_\_ Number of days between start of period to start of next period: \_\_\_\_\_  
 # days bleeding: \_\_\_\_\_ How many periods do you have a year: \_\_\_\_\_  
 Date of 1<sup>st</sup> day of your last 2 menstrual periods: \_\_\_\_/\_\_\_\_/20\_\_ ; \_\_\_\_/\_\_\_\_/20\_\_

**MENSTRUAL PATTERN (check all that apply)**

- \_\_\_\_ Regular periods
- \_\_\_\_ Irregular periods
- \_\_\_\_ Heavy periods
- \_\_\_\_ Light periods
- \_\_\_\_ No periods
- \_\_\_\_ Bleeding between periods
- \_\_\_\_ Spotting between periods
- \_\_\_\_ Breast tenderness
- \_\_\_\_ Bloating
- \_\_\_\_ Do you need medication to bring on a period? \_\_\_\_ Yes \_\_\_\_ No
- \_\_\_\_ Fatigue
- \_\_\_\_ Personality/Mood Changes
- \_\_\_\_ Headaches
- \_\_\_\_ What medication: \_\_\_\_\_

Do you have cramping or pelvic pain with your periods? \_\_\_\_ Never \_\_\_\_ Sometimes \_\_\_\_ Always \_\_\_\_ Recently \_\_\_\_ In the past

Are cramps present \_\_\_\_ Before \_\_\_\_ During \_\_\_\_ After your period. Cramps are: \_\_\_\_ Mild \_\_\_\_ Moderate \_\_\_\_ Severe

What pain medication do you take for cramps: \_\_\_\_\_

When was your last pap smear: \_\_\_\_/\_\_\_\_/\_\_\_\_ \_\_\_\_ Normal \_\_\_\_ Abnormal Physician: \_\_\_\_\_

When was the abnormal pap smear: \_\_\_\_/\_\_\_\_/\_\_\_\_ \_\_\_\_ Not applicable

Have you undergone any procedures as a result of an abnormal pap smear? \_\_\_\_ No \_\_\_\_ Yes (check all that apply)

- \_\_\_\_ Coloscopy
- \_\_\_\_ Laser Treatment
- \_\_\_\_ Cryosurgery (Freezing)
- \_\_\_\_ Conization
- \_\_\_\_ LEEP Procedure

Have you ever had a mammogram? \_\_\_\_ Yes \_\_\_\_ No Date of last exam: \_\_\_\_/\_\_\_\_/\_\_\_\_  
 \_\_\_\_ Normal \_\_\_\_ Abnormal

**PREGNANCY HISTORY**

Total # of ALL Pregnancies	# Full Term Births (>37 weeks)	# Pre-Term Births (<37 weeks)	# Stillborn	# Miscarriages (>20 weeks)	# Elective Termination (abortion)	# Ectopic or Tubal Pregnancies	Date of Last Pregnancy	# Pregnancies w/ current partner

**CONTRACEPTION HISTORY**

- \_\_\_\_ None
- \_\_\_\_ Condoms Dates of use: \_\_\_\_\_
- \_\_\_\_ Diaphragm Dates of use: \_\_\_\_\_
- \_\_\_\_ IUD Dates of use: \_\_\_\_\_
- \_\_\_\_ Injectable Dates of use: \_\_\_\_\_ Complications? \_\_\_\_\_
- \_\_\_\_ Skin Patch Dates of use: \_\_\_\_\_ Complications? \_\_\_\_\_
- \_\_\_\_ Foam or Jelly Dates of use: \_\_\_\_\_ Complications? \_\_\_\_\_
- \_\_\_\_ Oral Contraceptive Dates of use: \_\_\_\_\_ Complications? \_\_\_\_\_  
 Brand: \_\_\_\_\_

**MEDICAL HISTORY**

Do you have any medical problem(s)?  No  Yes (list dates and treatments)

Type: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Treatment: \_\_\_\_\_

Type: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Treatment: \_\_\_\_\_

Do you have or have you ever had: (check all that apply):

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Blood Transfusions (date ____/____/____) | <input type="checkbox"/> Pelvic Infection                            | <input type="checkbox"/> Ovarian cysts     |
| <input type="checkbox"/> Hepatitis (date ____/____/____)          | <input type="checkbox"/> HIV/AIDS                                    | <input type="checkbox"/> Seizures          |
| <input type="checkbox"/> Herpes (date ____/____/____)             | <input type="checkbox"/> High Blood Pressure                         | <input type="checkbox"/> Kidney Infection  |
| <input type="checkbox"/> Heart Disease _____                      | <input type="checkbox"/> Thyroid Problems                            | <input type="checkbox"/> Diabetes          |
| <input type="checkbox"/> Chickenpox (date ____/____/____)         | <input type="checkbox"/> Epilepsy                                    | <input type="checkbox"/> Liver Problems    |
| <input type="checkbox"/> Chlamydia (date ____/____/____)          | <input type="checkbox"/> Loss of Balance                             | <input type="checkbox"/> Genital Warts/HPV |
| <input type="checkbox"/> Syphilis (date ____/____/____)           | <input type="checkbox"/> Neurological Problems                       | <input type="checkbox"/> TB                |
| <input type="checkbox"/> Measles/Rubella (date ____/____/____)    | <input type="checkbox"/> Vaginitis (Trichomoniasis/yeast infections) |  |
| <input type="checkbox"/> Gonorrhea (date ____/____/____)          | <input type="checkbox"/> Other: _____                                |  |

Have you ever been treated for Cancer?  No  Yes - explain therapy \_\_\_\_\_

Are you allergic to any MEDICATIONS?  No  Yes - list all and describe reaction:

Medication: \_\_\_\_\_ Reaction: \_\_\_\_\_

Medication: \_\_\_\_\_ Reaction: \_\_\_\_\_

Are you allergic to any FOODS?  No  Yes - list all and describe reaction:

Food: \_\_\_\_\_ Reaction: \_\_\_\_\_

Food: \_\_\_\_\_ Reaction: \_\_\_\_\_

Within the last year, have you taken any PRESCRIPTION MEDICATIONS?  No  Yes - list all:

Prescription: \_\_\_\_\_ For: \_\_\_\_\_

Prescription: \_\_\_\_\_ For: \_\_\_\_\_

Are you taking any OVER-THE-COUNTER MEDICATION?  No  Yes - list all:

Medication: \_\_\_\_\_ For: \_\_\_\_\_

Medication: \_\_\_\_\_ For: \_\_\_\_\_

Do you take any HERBAL MEDICINES/VITAMINS or health food supplements?  No  Yes - list all:

Medication: \_\_\_\_\_ For: \_\_\_\_\_

Medication: \_\_\_\_\_ For: \_\_\_\_\_

**SOCIAL HISTORY**

How many caffeinated beverages (coffee, tea, soda) do you drink a day? \_\_\_\_\_ None

Do you smoke cigarettes?  No  Yes How many/day: \_\_\_\_\_ How many years: \_\_\_\_\_

Age started: \_\_\_\_\_ Quitting? \_\_\_\_\_

Do you drink alcohol?  No  Yes #Beer/week \_\_\_\_\_ #Wine per week \_\_\_\_\_ #Liquor/week \_\_\_\_\_

Do you use marijuana, cocaine or other simular drugs?  No  Yes - describe \_\_\_\_\_

Do you exercise?  No  Yes Type: \_\_\_\_\_ Freq hrs/week: \_\_\_\_\_

